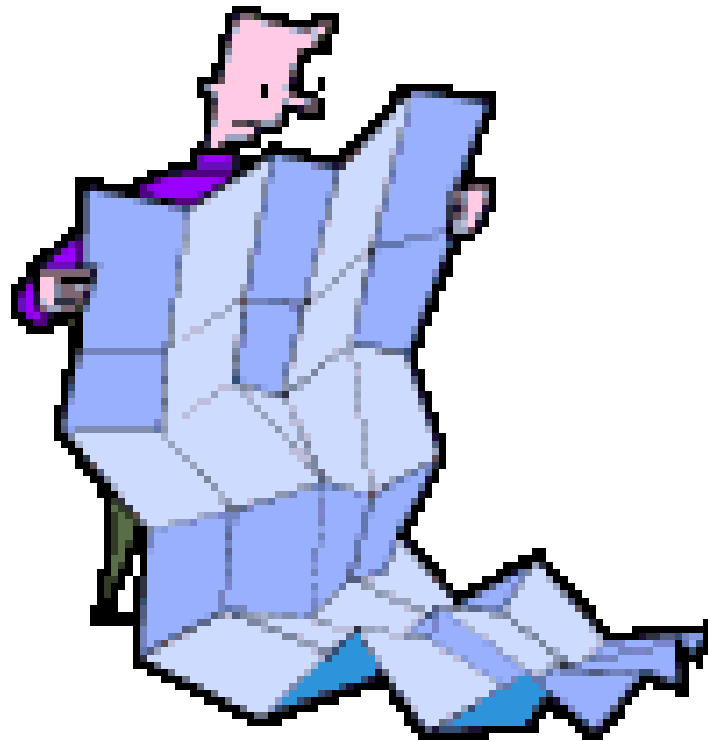


# You've Lost Your Job, Now What?



Amy Dinning

# What does your journey look like?

- Journey of discovery, opportunity, hope OR
- Journey of loss, fear



# Dream Team Mindmap Process

- Create my own personal mindmap
- Ask my dream team to complete the mindmap about me
- Gather my dream team together to discuss the mindmap and brainstorm where and what



# Personal Mindmap

- What are my strengths/skills?
- What am I passionate about?
- What are my weaknesses?
- What motivates me?
- What can't I stand?
- What are my values?

# How Do I Know the Answers?

- Your own perceptions
- What others have told you
- Performance reviews
- Assessments that you have taken – DISC, Strengthsfinders, Myers-Briggs, values assessments, etc

# My Example

## Strengths/Skills

Organizational  
Communication  
Influencing others  
Creative  
Loyal  
Approachable  
Facilitation  
Connecting people  
Integrity

## Passions

Travel  
Ministry  
Honesty  
Connect others  
Animals  
Learning  
Faith  
Service

## Weaknesses

Don't like change  
Not risk taker  
Need to  
flexible  
Can't say no  
Don't like conflict

# Get to Work!

Take a few minutes and start working on your mindmap to fill in the strengths/skills, passions and weaknesses. This will just be a start, we won't have time to complete it. After you fill in a few, share with people next to you.



# My Example

## Motivators

Make Impact

Solve problems

Meet goal

End result

## Can't Stand

Injustice

Poor cust service

Apathy

Chaos

## Values

Helping others

Loyalty

Stability

Recognition



# Get to Work!

Take a few minutes and start working on your mindmap to fill in the motivators, can't stand and values. This will just be a start, we won't have time to complete it. After you fill in a few, share with those next to you.



# Consider...

If you have these strengths/skills, passions, weaknesses, motivators, can't stands, and values...

What does that say about where you work and what you will be doing

# Dream Team

- Family
- Co-workers
- Friends
- People volunteer with
- Anyone who knows you

well enough to give good & honest feedback



# Dream Team Mindmap

- Ask your Dream Team to complete the mindmap individually
- Gather your Dream Team together to give you verbal feedback up to the values area
- Document the feedback
- Ask your team and yourself, if this is what we know about you, where should you consider working and what should you consider doing

# My Example

## Where

Medium size co

Non-profit

Travel

Education

Close to home

Freedom

Helping industry

## Doing What

organizational development

career consulting

event planner

lobbyist

training

consultant

university instructor

# Questions?

Thank you and much success with your job search so that you can find a great position that matches your strengths and passions and minimizes your weaknesses.

Please connect with me on LinkedIn –  
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